



CHRISTIAN FOUNDATION FOR CHILDREN AND AGING

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***A note from CFCA:** We are always trying to reduce costs and improve efficiencies. To help with this, some projects are now sending annual photos in a digital format to CFCA headquarters in Kansas City, Kan., for printing and mailing to sponsors. You are receiving this photo with a letter about your friend's project, written by the project coordinator. You will still receive a spring letter from your friend. If you have not received it already, it will come in the mail separately.*

Dear Sponsor,

We send special greetings and hugs to you, your family and loved ones. It is our sincere hope from Project Santa Rosa that you have the best of success in your daily activities.

My name is Ricardo Antonio Garcia, and I have been serving our sponsored families in CFCA for the past eight years. We have been able to walk with them and see the different realities they face. Our project serves 3,846 children and 362 elderly, distributed among 110 communities in the areas of Copan and Lempira.

It is an honor and a pleasure for me to write to you on behalf of your friend, who you love and support every day. Thanks to your love, your friend is experiencing a better life of dignity and happiness.

Project Santa Rosa serves families in western Honduras, where 80 percent of the families are poor and exploited because of their low level of education and the lack of land to build their home. Land in the area is owned by a few large property owners. This forces many fathers to migrate to other places for work, leaving their families abandoned with no financial support. CFCA offers invaluable assistance to these families through benefits and programs that enable them to have a better life.

Every day, we live and feel the needs of our families because we visit their homes. This service is carried out in spite of the distance, weather conditions, difficult roads and many other factors we face in each community.

Thanks to your support, we have been able to change many lives and see happiness reflected in each member of the sponsored families in 2008. We have supported them with diverse benefits, intellectual development being one of the most important. We have supported 100 percent of the sponsored members' education by providing school supplies, uniforms and school shoes. We also offer formation lectures to parents, focusing on the importance of education for each of their children. As an alternative education, there is support for the youth and their mothers in technical careers such as dressmaking and working with computers.



Medical and dental checkups, and clinics providing vitamins and medicine to treat parasites are a couple of health benefits we provide. We've discovered cases with special diagnoses, and they have been referred to specialists. Such is the case with the heart problems of sponsored child Maria, neurological problems in Luis and Maikol, and children's diabetes in the case of Yareli. They are all receiving treatment.

Offering hope. Restoring dignity. Worldwide.

We provide food baskets with basic products to assure good nutrition in months of extreme need. On many occasions we have identified children with extreme malnutrition. In these cases they are taken to a pediatrician and supported with a nutrition program based on providing good food, special formulas and regular visits to the specialist.

Because of the abilities of many families and their desire for improvement, we have implemented livelihood programs. These help generate income for the families and communities and at the same time improve the quality of their nutrition because they don't use chemicals or hormones to produce food, in fish farming, horticulture, pig farming and poultry farming. These programs have generated hope among the families.

Clothing is a basic need in our families. Families typically consist of 10 members and the father is the only one working, earning some \$2.60 a day. Their income is mainly used for food, so they cannot cover other needs. This is why CFCA offers two packages of clothing and two pairs of shoes a year. In addition, we are training groups of mothers in dressmaking workshops with the focus of creating micro businesses to generate income for the mothers and to obtain good prices and quality in the products we buy for the project.



The children and their families also receive other benefits such as birthday and Christmas celebrations, in which all parents are involved to make it a total success and to bring joy to the participants.

The youth participate in spiritual retreats, values formation, camps and recreational activities, which help them in their family and social development.

Many families have the opportunity to request building materials for the improvement of their homes. Money donated by some sponsors to our Project Need Fund also has enabled us to build houses in many of the communities we serve, bringing hope to the families who never dreamed of having their own homes. Support from the families is essential to carry out the construction.

CFCA will continue to transform lives and offer hope to many families by improving the lives of the children, converting their sad faces into ones of happiness and joy. This is only possible with your support and noble heart in supporting the neediest families of this world.

May God shower you, now and always, with great and abundant blessings for having such a generous heart.

Ricardo Antonio Garcia
CFCA Project Santa Rosa Coordinator